

# The Caller

## Open the Doors

**Bishop**  
The Right Rev. Craig Loya

**Priest-in-Charge**  
The Rev. Letha Wilson-Barnard  
priest@christchurchrw.org  
651-327-2242

**Music Director**  
John Albright  
albright303@hotmail.com

**Diaconal Intern/Youth Director**  
Vicki Lambert  
lamfam6npets@msn.com

**Sunday School Director**  
Heather Flueger-Whalen  
heather.flueger@gmail.com

**Christ Church Vestry**  
Sr. Warden: Charlie Brown  
Jr. Warden: Angela Shefveldand  
Sandy Richter (2023)  
Pam Dressen (2023)  
Zoe Malinchoc-DeVoe (2024)  
Hugh Wronski (2024)  
Kris Blaney (2025)  
Elaine Hoisington (2025)  
Erik Prink (2025)

**Treasurer**  
Sandy Richter  
finance@christchurchrw.org

**Office**  
office@christchurchrw.org

### Inside this issue:

- Open the Doors **1**
- Talking Circles **3**
- Strokes **4**
- Easter Services **5**
- Birthdays and Ann. **6**
- Calendar **7**
- Russian Orthodox Church and Ukraine **8**

**“Open the doors to the Spirit, to one another, and to our neighbors.”**

*Charlie Brown, our Senior Warden.*

Charlie offered this lovely phrase as a guiding principle to the Vestry at our February retreat. It has been an energizing and clarifying compass point for the vestry as we are discerning our priorities for the year. Often as things go with the Spirit, we just received an invitation from our diocese for Christ Church to participate in the “Faithful Innovation Process” pilot program. This dovetails nicely with our desire to open the doors to the Spirit, to one another, and to our neighbors.

**“During seasons when your congregation feels stuck, overwhelmed, and doesn't know what to do, these practices deepen participants' faith and curiosity about God's activity outside the church...”**

*The invitation from The Rev. Cannon Blair Pogue, Missioner for Vitality and Innovation, Episcopal Church in Minnesota:*

**“Faithful Innovation is a process that invites participants to engage in simple spiritual practices and small**



*experiments to develop deeper relationships with God, fellow faith community members, and neighbors.*

*During seasons when your congregation feels stuck, overwhelmed, and doesn't know what to do, these practices deepen participants' faith and curiosity about God's activity outside the church, and create muscle memory for a process they can engage in repeatedly. Rather than focusing inward on church questions, Faithful Innovation invites participants to focus outward, to be curious about where God is already at work in your community.*

*Guiding teams of 3-8 lay leaders from participating faith communities and their clergy will gather three Saturdays over a 9-month period, work with a coach to process learnings, then envision and enact small experiments to learn more about what the Holy*

## Rev. Letha continued...

*Spirit is up to in the lives of their neighbors.”*

The deadline for registration is May 23. Christ Church will cover the participation fee.

Gathering dates in Faribault, MN:  
10 a.m.-3 p.m. - Saturdays, July 23, 2022, Nov 12, 2022, and April 1, 2023.

### Two stories of “small experiments” by past participating churches:

- ✧ A rural church in Wisconsin recognized that the planting and harvesting season was an important rhythm in their community. Several women on the hospitality team, decided to set up a hospitality table at the Farm Co-op at harvest time, offering coffee, hot chocolate, and bars. One of the women offered to pray for the farmers’ crops, and to the surprise of many, the farmers welcomed the prayers. One farmer even extended an invitation for them to come and pray for his field at planting-time, the next spring.
- ✧ Another church noticed that neighborhood youth were gathering outside their church building on their way home from school. They discovered that the youth were using the church’s WIFI. So, the church set up picnic

tables and chairs to make the youth feel welcomed, and some of the members spent time getting to know the youth.

These stories inspired our vestry to **vote YES** for Christ Church to participate in the Faithful Innovation Process pilot program. If this sounds interesting to you, or maybe you feel the nudge of the Spirit to say yes, please contact Letha at [priest@ChristChurchRW.org](mailto:priest@ChristChurchRW.org). Each of you is invited into this opportunity. All are welcome, 16 yrs. and older. We need 3-8 people for our team, the more we have the better. Whether you’ve been coming to Christ Church for a couple months or for your entire lifetime, you are invited in!

The Rev. Cannon Blair Pogue has served as the Rector of St. Matthews in St. Paul for 17 years. I have enormous regard for her. She has been engaged with this type of faithful innovation with lay ministers in her parish for over two decades; she has also coached clergy throughout the country. She is a skilled, faithful, and inspiring leader. I am very excited for Christ Church to participate! I think this is a beautiful next step for our faith community to take together.

Blessings,  
*Rev. Letha*



The history of the Episcopal Church is closely tied to the history of the United States. The church was founded after the American Revolution as the successor to the Church of England in the new country.

## Acolyte SignUpGenius

There is new way for acolytes to sign up for a service. Vicki Lambert has created a SignUpGenius for acolytes to use:

<https://www.signupgenius.com/go/5080D4FA8AC2CABFC1-acolytes>



## VESTRY NEWS

The annual Vestry Retreat was held in February and it was a blessing to be able to meet in person. It made such a difference to be able to have that human contact. Charlie Brown, Senior Warden suggested the theme for 2022 be "Open the Doors" both literally and figuratively, with a focus on opening the doors to the Holy Spirit and each other.

As a group, we listed out all of the committees at work in CEC Red Wing and then brainstormed on how we could better help serve as support for each. It was decided to hold a Committee Leadership luncheon in March to bring ideas forward to help with goal setting for 2022. Each member of Vestry has chosen one or two committees to become actively involved in to better understand the needs of the members and offer Vestry assistance in any way.

Erik Prink has accepted the role of Property Committee chair and we are very lucky to have someone with a construction and safety background. Erik has hit the ground running, by taking on refurbishing of the basement, roof repairs, and the Coat Shed expansion.

The Hospitality Committee was pleased to bring back Coffee Hour! It is so good to hear the buzz of conversations and kids laughing in the Fellowship Hall

once again. Pam Dressen and Kris Blaney have created an online signup through Sign up Genius that has made it even more convenient to host Coffee Hour.

Vicki Lambert was the guest speaker at the ECW Lenten Retreat, which focused on Love. We were a small group but the conversation was wonderful. ECW is pleased to announce two more opportunities to get out and gather with friends. In June: Sip, Pray, Paint – combining wine and appetizers with paints and canvas focusing on friendship. In October: Family Fall Fest – offering pumpkin carving/painting, hot dogs and apple cider.

Community Engagement never rests offering many ways for parishioners to help those in need through Undie Sunday, the Coat Shed, etc. Look for an upgraded version of the Coat Shed in the coming months and an opportunity to contribute to its expansion.

Spring in Red Wing is a beautiful time and I am enriched by this wonderful church community that my family calls home. As always, please feel free to reach out to me, or any Vestry member with questions or concerns and please join us as we...Open the Doors!

*Angela Shefveland, Junior Warden*



In 1750, Jonathon Mayhew, A Congregational minister in Boston, asserted that resistance to a tyrant was a "glorious" Christian duty. In offering moral sanction for political and military resistance, Mayhew anticipated the position that most ministers took during the conflict with Britain.

### Christ Church Vestry 2022

Senior Warden **Charlie Brown** [cbrown@brownseed.com](mailto:cbrown@brownseed.com)  
Junior Warden **Angela Shefveland** [Angela.shefveland@gmail.com](mailto:Angela.shefveland@gmail.com)

**Pam Dressen, Clerk of the Vestry** [padressen@rwps.org](mailto:padressen@rwps.org)  
**Sandy Richter** [sandyrichter54@gmail.com](mailto:sandyrichter54@gmail.com)  
**Hugh Wronski** [hughwro@gmail.com](mailto:hughwro@gmail.com)  
**Zoe Malinchoc-DeVoe** [malinchoc@gmail.com](mailto:malinchoc@gmail.com)  
**Kris Blaney** [klblaney14@gmail.com](mailto:klblaney14@gmail.com)  
**Elaine Hoisington** [ehoisington56@gmail.com](mailto:ehoisington56@gmail.com)  
**Erik Prink** [prinkster57@yahoo.com](mailto:prinkster57@yahoo.com)

## May is Mental Health Month: Thoughts on Depression

May is finally here and the hope of spring is in the air. May is also Mental Health Month. I thought I'd share some thoughts with you about Depression this month. Depression refers to feelings of sadness, isolation, discouragement, or hopelessness that persists. It is a serious illness which affects a person physically, emotionally, spiritually, socially, and vocationally. Depression is not something to be ignored. It is common in older people as we age and deal with life changes that are often difficult to accept.



Peter Muhlenberg (1746-1807) was the prime example of a "fighting parson" during the Revolutionary War. The eldest son of the Lutheran patriarch Henry Muhlenberg, young Muhlenberg at the conclusion of a sermon in January 1776 to his congregation in Woodstock, Virginia, threw off his clerical robes to reveal the uniform of a Virginia militia officer.

### *The vast majority of people with depression recover...*

The following are common symptoms of depression. If you experience 4 or more of these symptoms for longer than 2 weeks, or if your symptoms interfere with your daily life, you may be experiencing depression. If you have any concerns about depression, please visit with your medical team. There is also a 24/7 Helpline you can call at 1-888-727-5945. **If it is a crisis, you can call 1-888-727-7472 or text 741741**

- Ongoing feeling of sadness, anxiety, or emptiness
- Loss of interest in usual activities
- Feelings of hopelessness, helplessness, or pessimism
- Feelings of worthlessness or guilt
- Difficulty sleeping or eating
- Decreased energy, persistent fatigue
- Difficulty concentrating, remembering, and making decisions
- Thoughts of death or suicide

Depression can be effectively treated in several different ways. The vast majority of people with depression recover and lead meaningful and productive lives. Often depression is situational based on what you are experiencing in your life currently as a new health diagnosis or loss of a loved one. Both medications and counseling or psychotherapy are used in the treatment of depression. It is also very important for family and friends to recognize the symptoms of depression and encourage treatment for person



suffering from depression.

“May the Lord who gives us peace make you holy in every way and keep your whole being – spirit, soul, and body - free from every fault at the coming of our Lord Jesus Christ. He who calls you will do it, because he is faithful” ( I Thes. 5-

## Let's Go Out for Dinner: May 19, 5:30 p.m.



We will be meeting at Fables, on Thursday, May 19 at 5:30 p.m. for dinner. Come and join some of your fellow parishioners for a bite to eat and some good conversation. This is the first time we have gone out in almost two years! We hope to see you there! Each person pays for their own food.

## Healing Task Force: A Letter to the Vestry

**A letter from the Healing Task Force to the Vestry, approved by the Vestry on April 25, 2022.**

We are writing to you today with what we see as an important request that we believe will assist in the healing process as it pertains to clergy misconduct within our parish.

The Healing Task Force was formed to help assist the members of Christ Church understand the process regarding clergy misconduct and to ascertain what we could do to assist with a path that leads toward healing. Throughout this process, we have learned a great deal regarding different ways to assist members of Christ Church that are struggling with past clergy misconduct.

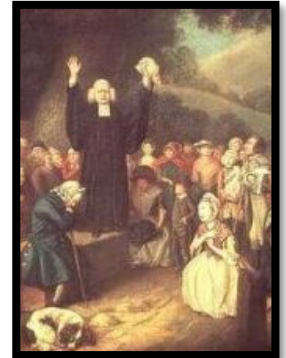
***We have learned that these photographs have, for some of our congregation members, triggered emotional distress.***

We have listened to the concerns of the congregation and have received guidance and assistance from the diocese from both

Bishop Loya and Robin Hammeal-Urban (the consultant who worked with us, with 20 years of experience helping congregations in the Diocese of Connecticut heal in the wake of clergy misconduct.)

Although the healing process is different for all members of Christ Church, one concern that we believe could be addressed quickly is the placement of the photographs of past clergy that are currently hanging in the hallway across from the bathrooms. We have learned that these photographs have, for some of our congregation members, triggered emotional distress.

We would like to request that the photographs of past clergy be placed in a portfolio somewhere that is accessible to all parish members and guests to view at their own discretion. The task force also discussed the possibility of hanging photos of the current Vestry members on that wall, which we think would be helpful to our congregation in recognizing another important group of people in our parish.



During the Revolutionary era, the pulpit played a key role in encouraging dissent. The political activism of these black-robed ministers earned them the name “the black robed regiment.”

In fact, the British believed so strongly that it was the preaching from colonial pulpits that pushed its citizens into rebellion that many ministers had bounties put on their heads.



## Talking Circles for Healing



The Reverend James Caldwell, minister of First Presbyterian Church of Elizabethtown, New Jersey, instructed his congregation that *“there are times when it is as righteous to fight as it is to pray.”* After the British put a bounty on his head, Caldwell went to the pulpit with two loaded flintlock pistols.

The British referred to Caldwell as the *“Fighting Chaplain”* and his brave leadership was immortalized in verse:

*“Who’s that riding in  
on horse-back?  
Parson Caldwell,  
boys; Hooray!  
Red-coats call him  
“Fighting Chaplain,”  
How they hate him!  
Well they may!”*

**You are invited into a confidential healing opportunity on Tuesday, May 24 at 6:30 p.m.** in the Parish Hall . We will be having a talking circle which are discussions, open to anyone still struggling with the betrayal of clergy misconduct. Chris Foss and Vicki Lambert will be co-facilitating this talking circle.

Talking circles can be used for discussion, problem solving, and/or decision making.

The basic purpose of a talking circle is to **create a safe, non-judgmental place where each participant has the opportunity to contribute to the discussion of difficult and/or important issues.**

Please call the office (388-0411) or register by using the link below.:

[https://docs.google.com/forms/d/e/1FAIpQLSd5YzOuVGJmfPe2vRrhiromOZzhJm6vCogirW3\\_hf7wxcSYwA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd5YzOuVGJmfPe2vRrhiromOZzhJm6vCogirW3_hf7wxcSYwA/viewform)



## Shedding Light and Sharing Facts

**Sunday, May 22, 9 a.m. The Healing Task Force will host: Shedding light and sharing facts about Conbere’s and English’s terminations.**

**The wardens who were responsible for dealing with these two situations at the time, will be on hand to share facts and address questions. We hope this will help us move forward together.**

**Please join us.**

The Healing Taskforce Members are:

Charlie Brown  
Pam Dressen  
Chris Foss  
Debra Gilson  
Vicki Lambert  
Laura Sand Prink  
Suzanne Simonson

We are each and all available to talking one on one and hear your concerns, questions and suggestions regarding this effort.

We have a new way to sign up to bring the treats for coffee hour! Please go to our **SignUpGenius page:**

<https://www.signupgenius.com/go/10c0b4fada62fabff2-christ>

**If you have any questions, please contact Kris Blaney or Pam Dressen!**

## Community Engagement Team

In case you haven't had a chance in April to help out homeless vets, we are extending our drive through the month of May. If you would like to contribute to the ER at the Veterans Hospital in Minneapolis, **they need socks, T-shirts, and underwear in sizes Large and up for both men and women.** All clothing must be new, so please leave any tags on. These can be placed in the Undies Sundays bin in the Parish Hall or 4th Street entrance hallway.



## From Marcy and Sean Dowse

It has been a challenging, at times frustrating, and exhilarating 3.5 months since we left Minnesota. We are in south central Virginia. The surrounding area is full of Civil War history—I do grocery shopping in Appomattox. Richmond and Lynchburg are both about an hour away.

We have been in Virginia since the first week of February. The 295 sq. feet of our RV have served us well. We have been staying in our daughter's driveway. It has been great to be part of her extended family in Virginia (I'm still trying to keep everyone straight. It is a large family, and everyone knows everyone) but we are grateful to finally move into our house. Our furniture arrived on Friday, and we are now surrounded by boxes. But we are finally sleeping in our own bed.



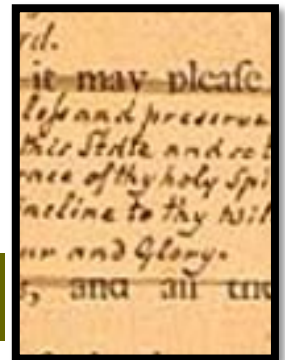
Our home in Farmville is not right downtown (a good thing) but it is convenient to the Y, grocery stores, Lowe's, schools; and not far from restaurants, the Appomattox River, and parks and trails

are all close. We are planning on a bike ride on a trail today. Learning the Civil War history is interesting. I have much to learn and understand about how that episode is viewed since we drive almost every day through the battle fields of more that a 150 years ago.

While we love being here. It feels like our lives have been on hold waiting for the house to be finished so we can build on the connections and friends we have met. We have been welcomed by Johns Memorial Episcopal Church and will be looking for ways to be more involved. Sean—through his connections with the Minnesota State Arts Board—is meeting with Virginians for the Arts to talk with them about how Minnesota achieved the high level of funding it has for the arts.

We will be back in Minnesota on May 21. Sean will be there through the end of the July since he is directing the summer musical, *Little Shop of Horrors*. I'll fly back to Virginia in mid-June. It will be great to see folks. We are looking forward to staying in our RV and camping at Stockholm. Thank you all for your warm wishes and prayers as we started on this journey. Please know we have an extra bedroom. We are located close to Washington D.C. so if you are nearby or just want an interesting excursion, you will have a place to stay.

Thanks for everything.



The Maryland Convention voted on May 25, 1776, "that every Prayer and Petition for the King's Majesty, in the book of Common Prayer .be henceforth omitted in all Churches and Chapels in this Province." The rector of Christ Church (then called Chaptico Church) in St. Mary's County, Maryland, placed over the offending passages strips of paper showing prayers composed for the Continental Congress. The petition that God "keep and strengthen in the true worshipping of thee, in righteousness and holiness of life, thy servant GEORGE, our most gracious King and Governour" was changed to a plea that "it might please thee to bless the honorable Congress with Wisdom to discern and Integrity to pursue the true Interest of the United States."

## May Birthdays and Anniversaries

### Birthdays

- 1 Bill Hoyt  
Derek Featherstone
- 2 Ariel Johnson  
Shelby Miller
- 3 Jon Danielson  
Marian Gustafson
- 6 Samantha Bangard  
Scott Danielson
- 7 Jon Heckman
- 11 Jeff Richter
- 12 Karen Rigelman
- 17 Amelia Reintz
- 20 Allison Johnson  
Sharon Hager

- 21 Barbara Anderson
- 24 Sandra Richter
- 25 Mary Brunner  
Phyllis Johnson
- 27 Pat Kelly

### Anniversaries

- 17 Brad and Babs Knudson
- 19 Becky and Bill Foot



More American presidents have been Episcopalian —11— than any other Christian Denomination. Several of the nations' earliest presidents, including George Washington, James Madison and James Monroe, were Episcopalians. But since the death of Franklin Delano Roosevelt in 1945, the only two Episcopalian presidents have been Gerald Ford and George H.W. Bush.

## Altar Flowers for May

**May 1** Chapel **In thanksgiving for Clara and Reid**  
*Catherine and Randy Johnson*  
Church **In memory of parents, Don and Beverly Prinz**  
*Gale Hennek*

**May 8** Chapel **In thanksgiving for parents, Ralph and Marie Nelson**  
*Marilyn Potswald*  
Church **In memory of Jill Friedrich Root, given by grandchildren**  
**Susie Kiker, David Root, Julie Root and Willie Root**  
*Julie A. Root*

**May 15** Chapel **In memory of loved ones**  
*Mr. and Mrs. Tom Danielson*  
Church **In thanksgiving for Alison, Ariel and Alyssa**  
*Annette Johnson*

**May 22** Chapel **Foot Memorial Fund: Mrs. S. B. Foot I**  
Church **In loving memory of Luella Stone**  
*Jamie and Laura Teele*

**May 29** Chapel and Church open



## May 2022 Calendar and Scheduled Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>Rite I</u> 8am <u>Rite II</u> 10am	2 <u>Junior Guild</u> 12pm <u>Sewing Group</u> 1 pm	3	4 <u>Hospitality</u> 5:30 pm  <u>Choir</u> 6:30 p,	5	6	7
8 <u>Rite I</u> 8am <u>Rite II</u> 10am	9 <u>Sewing Group</u> 1 pm	10 <u>Property</u> 5:30pm  <u>Center Prayer</u> 7pm	11 <u>Chapel Service</u> 10:00 am <u>Bible Study</u> 11am  <u>Choir</u> 6:30 pm	12 <u>Suicide Prevention Group</u> 7 pm	13	14 <u>Community Engagement</u> 10:30 am
15 <u>Rite I</u> 8am <u>Christian Conversations</u> 9 am (Walking the Way of Love) <u>Rite II</u> 10am	16 <u>Vestry</u> 7pm	17  <u>Center Prayer</u> 7pm	18 <u>Chapel Service</u> 10am  <u>Bible Study</u> 11am  <u>Choir</u> 6:30pm	19 <u>MOPS</u> 6:30 pm  <u>Let's Go Out for Dinner</u> 5:50 pm	20	21
22 <u>Rite I</u> 8am <u>Rite II</u> 10am	23	24 <u>Altar Guild</u> 4:45 <u>Talking Circle</u> 6:30 pm <u>Center Prayer</u> 7pm	25 <u>Chapel Service</u> 10am <u>Bible Study</u> 11am  <u>Choir</u> 6:30pm	26	27	28
29 <u>Rite I</u> 8am <u>Rite II</u> 10am	30 Memorial Day	31 <u>Center Prayer</u> 7pm	1 <u>Chapel Service</u> 10am <u>Bible Study</u> 11am  <u>Choir</u> 6:30pm	2	3	4

**Wednesday Bible Study** is at 11:00 a.m. We are studying Simon Peter. Please join us!

**Junior Guild** May 2, noon

**Hospitality Meeting** May 4, 5:30 pm

**Choir Practice** May 11, 18, 25 6:30pm

**Centering Prayer** May 10, 17, 24, 31 7pm

**Community Engagement Team** May 14, 10:30 am

**Vestry Meeting**, May 16, 7:00 pm

**Walking the Way of Love**, May 15, 9 am

**Let's Go Out for Dinner: Fables** May 19, 5:30 pm

**Altar Guild** May 24 4:45 pm

**Talking Circle** May 24, 6:30 pm

## In and Around the Church



The word Episcopal means “governed by bishops”. Each bishop traces his or her authority through a historical succession of bishops back to the earliest days of the Christian Church. There is no pope in the Anglican tradition; decisions are made by bishops and representative bodies such as General Convention, composed of bishops and elected laity and clergy delegates.



Easter Vigil 2022



Spring, coming, but it sure is taking its time.

